



superior  
healthplan™



Get your  
Over-the-Counter  
(OTC) items shipped  
to your door!

# Over-the-Counter Brochure

Stay healthy, save money.

As a commitment to your health and well-being, Superior HealthPlan STAR+PLUS Medicare-Medicaid Plan (MMP) offers members a benefit of \$35 per calendar month in commonly used over-the-counter (OTC) items. These items can be shipped to your home.

Items listed in this brochure are covered at no cost to you within your maximum benefit of \$35 in items per calendar month.

All OTC items should only be used as directed. You should talk to your Primary Care Provider (PCP) if you have any questions about how to use these items safely. OTC products on this list are intended for member use only to help with a health or medical need. The use of this benefit to order OTC items for family members and friends is prohibited.

Order in 2 easy steps.

Choose your items from the table in this brochure. Each item is numbered to make ordering easy.

- 1** Call toll-free at 1-888-628-2770 (TTY: 711) from 9 a.m. to 8 p.m. CST, Monday through Friday. Let our operator know which items you would like. You have a limit of up to \$35 per calendar month. Unused dollar amounts cannot be carried over month-to-month.
- 2** When you call, please be sure to have your Superior STAR+PLUS MMP member ID card available. The operator will need your member ID number to complete the order. After your order is complete, your item(s) should arrive in 14 business days.

# OTC Items Available in 2023

Select the items you need from the list below, up to your benefit amount of \$35 per calendar month. Prescriptions are not required for these items.

Item#	Description	Pack Size	OTC Price
<b>Adult Care</b>			
383182	Unisex Overnight Underwear L	14 ct.	\$13
383703	Unisex Overnight Underwear XL	12 ct.	\$13
458004	Cleansing Wipes Sensitive	192 ct.	\$12
163093	Men's Bladder Control Pads	52 ct.	\$12
842939	Men's LG/ XL Underwear Max	32 ct.	\$21
830473	Men's SM/ MED Underwear Max	36 ct.	\$21
489366	Men's Underwear Max L/XL	18 ct.	\$13
489372	Men's Underwear Max S/M	20 ct.	\$13
964701	Overnight Women's Bladder Control Pads	30 ct.	\$12
512509	Underpads XL 23x36	18 ct.	\$9
795728	Women's Bladder Control Pads Long	27 ct.	\$12
830475	Women's Large Underwear Max	32 ct.	\$21
830476	Women's Small/Medium Underwear Max	36 ct.	\$21
489350	Women's Underwear Max L	18 ct.	\$13
973821	Women's Underwear Max L	16 ct.	\$13
489330	Women's Underwear Max S/M	20 ct.	\$13
830474	Women's XL Underwear Max	28 ct.	\$21

To order, call the toll-free order line at  
1-888-628-2770 (TTY: 711).

Item#	Description	Pack Size	OTC Price
Cold Remedies			
320711	AirShield Orange Tablets	10 ct.	\$6
348261	Adult AirShield Gummies*	21 ct.	\$7
970454	AirShield Adult Gummies*	42 ct.	\$11
889580	AirShield Berry Chew*	32 ct.	\$6
882775	Carmex Classic Lip Balm	1.05 oz.	\$5
853587	Cold Sore Treatment	0.07 oz.	\$16
939642	Cold Sore Treatment	0.07 oz.	\$18
193592	Digital Thermometer	1 Each	\$17
587618	Medicated Chest Rub	3.53 oz.	\$6
277898	Medicated Chest Rub	1.76 oz.	\$4
277790	Nasal Spray Saline 2 Pack Twin Pack	1.5 oz.	\$5
155912	Rigid Tip Digital Thermometer	1 Each	\$7
891465	Saline Nasal Spray	1.5 oz.	\$4
972801	Sore Throat & Cough Lozenges	18 ct.	\$4
316620	Sore Throat Spray	6 oz.	\$4
179666	Sugar Free Cough Drops	140 ct.	\$7

Item#	Description	Pack Size	OTC Price
<b>Digestive Health</b>			
878020	Beanaid Capsules	30 ct.	\$5
958326	Daily Fiber Sf	10 oz.	\$9
919052	Daily Probiotic	30 ct.	\$22
919047	Digestive Probiotics	20 ct.	\$20
252794	Fiber Capsules	160 ct.	\$12
318142	Fiber Capsules	100 ct.	\$10
393041	Lactaid Fast Acting Caplets	32 ct.	\$13
401472	Medicated Hemorrhoidal Wipes	48 ct.	\$6
913037	Medicated Hemorrhoidal Wipes	96 ct.	\$11
919055	Probiotic Adult 4 Strains	30 ct.	\$20
883948	Probiotic Adult 9 Strains	15 ct.	\$15
109278	Sea Band Wristbands	2 ct.	\$10
<b>Eye/ Ear Care</b>			
694929	Ear Plugs	20 ct.	\$6
942245	Ear Plugs	100 ct.	\$15
457496	Swimmers Ear Solution	1 oz.	\$4
<b>Feminine Care</b>			
289061	Feminine Wipe Fragrance Free	32 ct.	\$5
127200	Maxi Pad With Wings Jumbo	32 ct.	\$6
692443	Maxi Regular Pads	48 ct.	\$6
927025	Maxi Super Long Pads	42 ct.	\$5

Item#	Description	Pack Size	OTC Price
842800	Overnight Maxi Pads	36 ct.	\$8
326808	Pregnancy Test	1 ct.	\$10
911826	Stayfree Maxi Pad Super	48 ct.	\$9
First Aid			
259370	Butterfly Closures	12 ct.	\$3
870947	3 Step Solution Lice Kit	1 kit	\$19
241483	Antibacterial Bandages Assortment	120 ct.	\$12
488598	Bandages Assortment Value Pack	200 ct.	\$10
109405	Calamine Lotion Plus	6 oz.	\$6
383505	Clear Bandages	45 ct.	\$4
482649	Epsom Salt	22 oz.	\$5
405572	First Aid Kit	1 kit	\$7
951344	Flexible Fabric Bandages	100 ct.	\$9
893120	Gauze Pad 3x3	25 ct.	\$5
893121	Gauze Pad 4x4	25 ct.	\$7
935683	Gauze Pad Non Stick 2x3	25 ct.	\$6
894104	Gauze Roll 4"X2yds	1 Each	\$4
875957	Heavy Duty Fabric Anti-Bacterial Bandages	20 ct.	\$4
951341	Heavy Duty Fabric Bandages	60 ct.	\$8
602441	Iodine	1 oz.	\$4
178608	Lice Shampoo	8 oz.	\$15
330703	Lidocaine Burn Relief Gel	8 oz.	\$6

Item#	Description	Pack Size	OTC Price
360094	Medical Grade Face Mask	20 ct.	\$12
991269	Nitrile Exam Gloves	50 ct.	\$15
991272	Nitrile Exam Gloves	100 ct.	\$30
209486	Petroleum Jelly	13 oz.	\$6
531343	Petroleum Jelly	2.5 oz.	\$3
882127	Sharps Container	1 Each	\$13
702514	Sheer Bandages Assorted Sizes	80 ct.	\$4
893119	Sterile Gauze Pads 2x2	25 ct.	\$4
405569	Travel First Aid Kit	1 kit	\$20
<b>Foot Care</b>			
334566	Odor Control Spray Powder	4 oz.	\$6
118869	Corn Removers	9 ct.	\$5
893270	Diabetic Socks L/XL	2 ct.	\$9
893272	Diabetic Socks S/M	2 ct.	\$9
894580	Moleskin Padding	2 ct.	\$4
<b>Home Diagnostics</b>			
130344	Alcohol Prep Swabs	100 ct.	\$3
149650	Glucose Chewable Tablets	10 ct.	\$2
149647	Glucose Tablets Orange	50 ct.	\$6
149616	Glucose Tablets Raspberry	50 ct.	\$6
<b>Home Health Care</b>			
980705	Black Cane Tip 3/4"	1 Each	\$5

Item#	Description	Pack Size	OTC Price
741727	Quad Cane Black	1 Each	\$35
741739	Reacher	1 Each	\$28
<b>Miscellaneous</b>			
715123	7 Day Pill Box	1 Each	\$2
864739	Digital Body Scale*	1 Each	\$16
278510	Night Light	2 ct.	\$8
356898	Resistance Stretch Bands	1 Each	\$18
460696	Tablet Cutter	1 Each	\$7
<b>Oral Care</b>			
682983	Clean Pro Toothbrush Soft	6 ct.	\$6
956360	Clear Pro Toothbrush Medium	3 ct.	\$3
695117	Dental Tool Kit	1 Each	\$8
230196	Denture Adhesive Regular	2.4 oz.	\$5
213330	Denture Cleanser Tabs	40 ct.	\$3
122340	Effervescent Denture Cleanser Tablets	84 ct.	\$7
469085	Extra Comfort Floss Mint 40m	1 ct.	\$3
454381	Flosser Picks	90 ct.	\$3
454376	Flosser Picks Mint	90 ct.	\$3
933834	Oral Pain Relief	0.33 oz.	\$6
368775	Sensitive Toothpaste	3.4 oz.	\$5
975211	Toothache Relief & Repair Kit	1 Each	\$9

Item#	Description	Pack Size	OTC Price
<b>Pain Relievers</b>			
715127	AM/PM Pill Box	1 Each	\$2
151555	Ankle Brace M	1 Each	\$11
151480	Ankle Brace S	1 Each	\$11
459362	Arthritis Pain Relief Cream	4 oz.	\$25
812439	Dual Strap Knee Support Adjustable	1 Each	\$29
728132	Ear Syringe /Nasal Aspirator	2 ct.	\$6
215313	Heating Pad Standard	1 Each	\$24
957604	Hot/Cold Patches	5 ct.	\$5
844209	Icebag Large	1 Each	\$13
151894	Knee Support M	1 Each	\$12
472994	Knee Support S	1 Each	\$12
152116	Knee Support Sleeve L	1 Each	\$12
482556	Knee Support XL	1 Each	\$12
263674	Melatonin 10mg	120 ct.	\$18
376137	Melatonin 10mg Fast Dissolve	60 ct.	\$11
268542	Melatonin 10mg Strawberry Gummies	60 ct.	\$13
357714	Melatonin 1mg Berry Gummy	60 ct.	\$10
419642	Melatonin 3mg	120 ct.	\$9
454600	Melatonin 5mg	120 ct.	\$11
866534	Melatonin 5mg Tablets	90 ct.	\$9
343538	Melatonin Gummy 5mg Strawberry	60 ct.	\$11



Item#	Description	Pack Size	OTC Price
695036	Migraine Relief	100 ct.	\$11
715154	Oral Syringe	1 Each	\$4
463111	Peak Flow Meter	1 Each	\$24
324111	Reusable Ice Pack	1 Each	\$6
507013	Self-Grip Bandage	1 Each	\$6
155756	Sleep Aid	24 ct.	\$4
960108	Sleep Aid 25mg	96 ct.	\$16
222633	Sleep Aid 50mg	200 ct.	\$31
864199	Sleep Aid 50mg Soft Gels	32 ct.	\$6
348058	Voltaren Arthritis Pain	1.7 oz.	\$14
<b>Personal Care</b>			
483135	Intensive Repair Lotion	16.9 oz.	\$11
332141	2 In 1 Nail Clipper	1 Each	\$9
905646	Advanced Antibacterial Hand Wash	8.5 oz.	\$4
212846	Cerave Eczema Relief Creamy Oil	8 oz.	\$20
270085	Cerave Psoriasis Cream	8 oz.	\$27
952394	Dandruff Clean Shampoo	14.2 oz.	\$5
942211	Disinfecting Spray	12.5 oz.	\$6
992500	Eczema Relief	8 oz.	\$9
282867	Eczema Therapy Cream	7.3 oz.	\$12
265212	Facial Tissue	10 ct.	\$3
843837	Flushable Wipes	42 ct.	\$4

Item#	Description	Pack Size	OTC Price
516310	Hairbrush	1 Each	\$4
371303	Hair Comb	3 ct.	\$4
799023	Hand Sanitizer	2 oz.	\$2
783753	Hand Sanitizer	8 oz.	\$4
598625	Hand Sanitizer With Aloe	8 oz.	\$4
446213	Head And Shoulders Dandruff/Dry Scalp Shampoo	13.5 oz.	\$11
140574	Old Spice Deodorant	3.25 oz.	\$6
669862	Purell Flip Cap Hand Sanitizer	4 oz.	\$4
374111	Secret Deodorant	2.4 oz.	\$8
321137	Sensitive Skin Bar Soap 2 Pack	4 oz.	\$3
447719	Sensitive Skin Bar Soap 6 Pack	4 oz.	\$8
264733	Sensitive Skin Body Wash	22 oz.	\$7
478041	Sheer Dry Sunblock Lotion SPF 55	3 oz.	\$8
226674	Shower Cap	6 ct.	\$10
972139	Tide Free & Gentle Laundry Pods	16 ct.	\$8
306050	Trojan Enz Lubricated Condoms	12 ct.	\$9
236333	Trojan Magnum Lubricated Condoms	3 ct.	\$6
200338	Trojan Ribbed Condoms	12 ct.	\$9
238881	Trojan Ultra-Thin Lubricated Condoms	3 ct.	\$4
720856	Ultra-Sheer Dry Touch Sunblock Spf 45	3 oz.	\$8
390195	Wallet Facial Tissues	10 ct.	\$5
692270	Ultra-Soft Cleansing Wipes Unscented	72 ct.	\$4

Item#	Description	Pack Size	OTC Price
571810	Unscented Wipes	64 ct.	\$3
Vitamins			
973804	AirShield Adult Immunity Gummy*	42 ct.	\$11
446547	AirShield Immunity Gummies*	63 ct.	\$20
717912	Antarctic Pure Krill Oil Omega-3 350mg*	60 ct.	\$26
122869	Coenzyme Q-10 50mg*	40 ct.	\$12
300258	Folic Acid 800mcg Tablet*	100 ct.	\$4
145514	Glucosamine Chondroitin*	150 ct.	\$25
308698	Omega-3 Fish Oil Krill Oil 4 In 1*	80 ct.	\$34

**The cost of any items you order will be applied to your maximum OTC benefit of \$35 in items per calendar month.**

Items and prices are subject to change. If you need more information or help, please call Superior STAR+PLUS MMP Member Services at 1-866-896-1844. TTY users should call 711. Hours of operation are 8 a.m. to 8 p.m., Monday through Friday. After hours, on weekends and on holidays, you may be asked to leave a message. Your call will be returned within the next business day.

**\*Dual-Purpose Items**

These items are considered dual-purpose. These are products that can be used for either a medical condition or general health and well-being. You must talk to your PCP before ordering these items. Your PCP must verbally recommend the OTC item for a specific condition. The condition must be able to be diagnosed.

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*Products listed in this brochure are available in mostly generic forms comparable to the leading name brand. At times items may be temporarily unavailable based on manufacture backorder or on hand stock availability.*

*Return Policy: Due to the personal nature of the products, no returns or exchanges are allowed. If you haven't received your order or if you received a defective or damaged item, please call **1-888-628-2770 (TTY: 711)** within **30 days of placing your order**. If your item is not in stock, an item of similar or greater value may be substituted in your order.*

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**Order up to  
\$35 in items  
per calendar  
month!**

Superior HealthPlan STAR+PLUS Medicare-Medicaid Plan (MMP) is a health plan that contracts with both Medicare and Texas Medicaid to provide benefits of both programs to enrollees.

This is not a complete list. The benefit information is a brief summary, not a complete description of benefits. For more information contact the plan or read the Member Handbook.



To order your OTC items online,  
scan this QR code and follow the  
instructions on the website.

**[mmp.SuperiorHealthPlan.com](http://mmp.SuperiorHealthPlan.com)**

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