

Stay healthy, save money.

As a commitment to your health and well-being, Superior HealthPlan (Superior) STAR+PLUS Medicare-Medicaid Plan (MMP) offers members a benefit of \$25 per calendar month in commonly used over-the-counter (OTC) items. These items can be shipped to your home.

Items listed in this brochure are covered at no cost to you within your maximum benefit of \$25 in items per calendar month.

All OTC items should only be used as directed. You should talk to your Primary Care Provider (PCP) if you have any questions about how to use these items safely.

Order up to
\$25 in items
per calendar
month!

Order in 2 easy steps.

1. Choose your items from the table in this brochure. Each item is numbered for your ordering ease.
2. Call toll-free at 1-866-768-8490/TTY: 711 from 7 a.m. - 7 p.m. CT, Monday through Friday. Let our operator know which items you would like. You have a limit of up to \$25 per calendar month. **Unused dollar amounts cannot be carried over month-to-month.**

When you call, please be sure to have your Superior ID card available. The operator will need your Member ID number to complete the order. After your order is complete, your item(s) should arrive in 5 to 12 business days.

Superior HealthPlan STAR+PLUS Medicare-Medicaid Plan (MMP) is a health plan that contracts with both Medicare and Texas Medicaid to provide benefits of both programs to enrollees.

Limitations and restrictions may apply. For more information, call Superior STAR+PLUS MMP Member Services or read the Superior STAR+PLUS MMP Member Handbook. The List of Covered Drugs and/or pharmacy and provider networks may change throughout the year. We will send you a notice before we make a change that affects you. Benefits may change on January 1 of each year.

If you do not speak English, language assistance services, free of charge, are available to you. Call 1-866-896-1844 (TTY: 711) from 8 a.m. to 8 p.m., Monday through Friday. After hours, on weekends and on holidays, you may be asked to leave a message. Your call will be returned within the next business day. The call is free.

Si habla español, tiene a su disposición servicios gratuitos de asistencia lingüística. Llame al 1-866-896-1844 (TTY: 711) de 8 a. m. a 8 p. m., lunes a viernes. Después de horas hábiles, los fines de semana y los días festivos, es posible que se le pida que deje un mensaje. Le devolveremos la llamada el próximo día hábil. La llamada es gratuita.

Superior STAR+PLUS MMP complies with applicable Federal civil rights laws and does not discriminate on the basis of race, color, national origin, age, disability, or sex.

ATENCIÓN: si habla español, tiene a su disposición servicios gratuitos de asistencia lingüística. Llame al 1-866-896-1844 (TTY: 711).

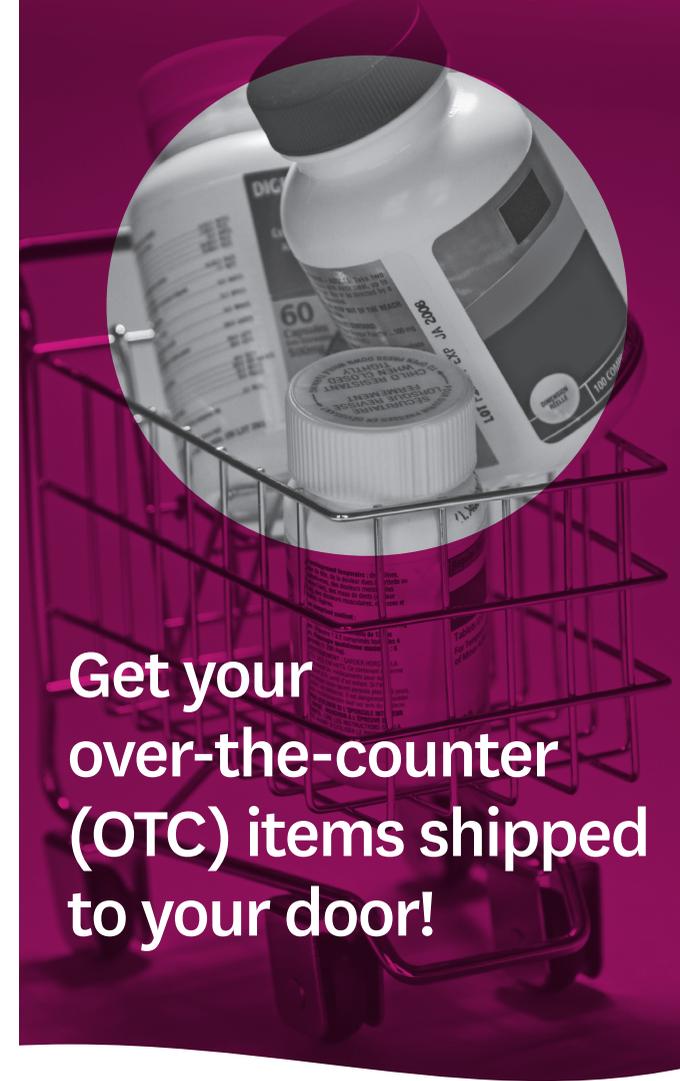
CHÚ Ý: Nếu bạn nói Tiếng Việt, có các dịch vụ hỗ trợ ngôn ngữ miễn phí dành cho bạn. Gọi số 1-866-896-1844 (TTY: 711).

<http://mmp.SuperiorHealthPlan.com>

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superior
healthplan™



Get your
over-the-counter
(OTC) items shipped
to your door!

Stay healthy, save money.

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OTC Items Available in 2018

Select the items you need from the list below up to your benefit amount of \$25 per calendar month. Prescriptions are not required for these items.

To order, call the toll-free order line at
1-866-768-8490 (TTY: 711).

Item #	Description	Compare to:	OTC Price
ANTI-HEMORRHOIDS			
15	Hemorrhoidal ointment	Preparation-H	\$8
COUGH / COLD / ALLERGY			
27	Medicated chest rub	Vicks VapoRub	\$7
26	Sore throat lozenge	Chloraseptic lozenges	\$5
FIRST AID SUPPLIES			
80	Ear Thermometer	Ear Thermometer	\$25
85	Hydrogen Peroxide	Hydrogen Peroxide	\$8
35	Athletic Bandage	ACE Bandage	\$7
36	Adhesive Tape	First-Aid Tape	\$4
37	Plastic Bandages (latex-free)	Band-Aids	\$3
38	Carbamide Peroxide	Debrox Drops	\$7
39	Gauze Pads	J&J Gauze Pads	\$4
40	Cotton Swab	Q-Tips	\$4
41	Oral Thermometer	Oral Thermometer	\$6
43	Ice Bag 9-inch	Ice Bag	\$9
156	Vinyl Disposable Gloves (latex-free)	Vinyl Disposable Gloves (latex-free)	\$15
149	Personal First Aid Kit	Personal First Aid Kit	\$14
MISC ITEMS			
56	Pill Box - 7 days	Pill Box	\$4
76	Hand Sanitizer	Hand Sanitizer	\$4
147	Swimmer's Ear Drops	Swimmer's Ear Drops	\$8
142	*Blood Pressure Digital Wrist Cuff	Blood Pressure Cuff	\$25
148	*Peak Flow Meter (breathing device)	Peak Flow Meter (breathing device)	\$25
ORAL CARE			
66	Toothbrush	Toothbrush	\$4
67	Denture Tabs	Efferdent	\$6
68	Denture Adhesive	PoliGrip	\$6
86	Waxed Dental Floss	Waxed Dental Floss	\$4

Item #	Description	Compare to:	OTC Price
PAIN RELIEVERS			
7	Mentholated Ointment	Bengay	\$6
PERSONAL CARE			
75	Sunblock SPF 30	Coppertone	\$9
157	*Bathroom Scale	Bathroom Scale	\$20
TOPICAL CREAMS & OINTMENTS			
32	Calamine Lotion	Calamine Lotion	\$7
60	Medicated Lip Balm	Carmex	\$2
79	Eczema Cream	Exederm	\$13
78	Psoriasis Cream	Eucerin Cream	\$12
VITAMINS & MINERALS			
81	*Folic Acid, 400 mcg	Folic Acid	\$6
65	Omega-3 Fish Oil	Omega-3 Fish Oil	\$7
87	Lactose Chewable Tabs	Lactaid	\$9
82	Iron + Stool Softener	Iron + Stool Softener	\$10
63	*Glucosamine / Chondroitin	Joint Supplement	\$12
132	Melatonin 1mg Tablet	Sleep Aid	\$8
133	Melatonin 3mg Tablet	Sleep Aid	\$6
94	Melatonin 5mg Tablet	Sleep Aid	\$8
134	Melatonin 10mg Tablet	Sleep Aid	\$15

The cost of any items you order will be applied to your maximum OTC benefit of \$25 in items per calendar month.

Items and prices are subject to change. If you need more information or help, please call Superior STAR+PLUS MMP Member Services at 1-866-896-1844. TTY users should call 711. Hours of operation are 8 a.m. to 8 p.m., Monday through Friday. After hours, on weekends and on holidays, you may be asked to leave a message. Your call will be returned within the next business day. The call is free.

*Dual-Purpose Items

These items are considered dual-purpose. These are products that can be used for either a medical condition or general health and well-being. You must talk to your PCP before ordering these items. Your PCP must verbally recommend the OTC item for a specific condition. The condition must be able to be diagnosed.

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